



1. Zossener Heidewalk
Zossen, OT Schöneiche / 31.05.2008

Detailed evaluation

Ehrenberg, Jürgen

Club: Mittenwalde

Number: 64

Course: 20.94 km

21 km Walking/ Nordic Walking

Total time: 4:32:49

Speed: 4.40 km/h

metres in height up: 154

Course score: 22.31

performance score: 107 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:47	00:00	00:00
km	6.0	6.0	11:48	01:01	01:01
km	11.5	5.5	12:51	02:04	01:02
km	14.9	3.4	13:36	02:48	00:44
Finish	20.9	5.0	15:20	04:32	01:44