



## 26. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 01.06.2008

### Detailed evaluation

**Seckel, Silvia**

Club: Erfurt Nord

Number: 160

Course: 14.00 km

Hauptlauf

Category:

Frauen W45

Total time: 1:15:51

Speed: 11.07 km/h

Running performance: 5:25 min/km

Rank in course/Total: 76 (of 133)

Rank in course/Women: 8 (of 27)

Best time in course: 1:03:32

Rank in category: 3(of 7)

Best time in the category: 1:03:32