



26. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 01.06.2008

Detailed evaluation

Sowa, Igor

Club: Weimar

Number: 214

Course: 14.00 km

Hauptlauf

Category:

Männer M40

Total time: 1:26:33

Speed: 9.71 km/h

Running performance: 6:11 min/km

Rank in course/Total: 112 (of 133)

Rank in course/Men: 96 (of 106)

Best time in course: 51:13

Rank in category: 21(of 23)

Best time in the category: 51:34