



26. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 01.06.2008

Detailed evaluation

Sichert, Bernd

Club: Lauflos Bad Berka

Number: 162

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:31:50

Speed: 9.15 km/h

Running performance: 6:34 min/km

Rank in course/Total: 120 (of 133)

Rank in course/Men: 101 (of 106)

Best time in course: 51:13

Rank in category: 22(of 25)

Best time in the category: 57:24