



26. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 01.06.2008

Detailed evaluation

Gießmann, Dirk

Club: LTV Erfurt e.V.

Number: 248

Course: 14.00 km

Hauptlauf

Category:

Männer M40

Total time: 1:03:32

Speed: 13.22 km/h

Running performance: 4:32 min/km

Rank in course/Total: 24 (of 133)

Rank in course/Men: 23 (of 106)

Best time in course: 51:13

Rank in category: 6(of 23)

Best time in the category: 51:34