



26. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 01.06.2008

Detailed evaluation

Niodus, Gerald

Club: Erfurt
Number: 230

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:05:51

Speed: 12.76 km/h
Running performance: 4:42 min/km

Rank in course/Total: 33 (of 133)

Rank in course/Men: 30 (of 106)

Best time in course: 51:13

Rank in category: 6(of 25)

Best time in the category: 57:24