



26. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 01.06.2008

Detailed evaluation

Heinecke, Gilbert

Club: Wickerstedt

Number: 197

Course: 14.00 km

Hauptlauf

Category:

Männer M50

Total time: 1:07:14

Speed: 12.49 km/h

Running performance: 4:48 min/km

Rank in course/Total: 39 (of 133)

Rank in course/Men: 36 (of 106)

Best time in course: 51:13

Rank in category: 5(of 13)

Best time in the category: 54:31