



14. Powertriathlon Gera

Gera / 15.06.2008

Detailed evaluation

Lange, Holger

Club: VfL 1990 Gera

Number: 8

Course: 51.50 km

Power-Triathlon 1,5-40-10

Category:

männl. AK 2 (TM 25-29)

Total time: 2:53:50

Rank in course/Total: 37 (of 49)

Rank in course/Men: 32 (of 40)

Best time in course: 2:03:24

Rank in category: 7(of 9)

Best time in the category: 2:05:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	1.50	30:40	1.96	8	10:12	29	10:12	1.50	30:40	1.96	7	10:12	12	
Rad	40.00	1:24:44	28.32	7	20:52	34	21:45	41.50	1:55:24	21.32	7	31:04	12	1:48
Lauf	10.00	58:26	10.27	7	17:17	30	18:32	51.50	2:53:50	17.60	7	48:21	32	50:26