



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Zelt, Annette

Club: Brühl

Number: 55

Course: 6.00 km

6 km Walk

Category:

Walking/ Nordic Walking

Total time: 50:13

Speed: 7.17 km/h

Running performance: 8:22 min/km

Rank in course/Total: 24 (of 61)

Rank in course/Women: 15 (of 46)

Best time in course: 42:15

Rank in category: 15(of 46)

Best time in the category: 42:15