



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Groß, Frank

Club: Mannheim

Number: 265

Course: 6.00 km

6 km Walk

Category:

Walking/ Nordic Walking Männer

Total time: 50:18

Speed: 7.16 km/h

Running performance: 8:23 min/km

Rank in course/Total: 25 (of 61)

Rank in course/Men: 10 (of 15)

Best time in course: 40:41

Rank in category: 10(of 15)

Best time in the category: 40:41