



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Seeger, Chris

Club: Freundeskreis

Number: 270

Course: 6.00 km

6 km Walk

Category:

Walking/ Nordic Walking

Total time: 51:03

Speed: 7.05 km/h

Running performance: 8:31 min/km

Rank in course/Total: 30 (of 61)

Rank in course/Women: 18 (of 46)

Best time in course: 42:15

Rank in category: 18(of 46)

Best time in the category: 42:15