



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Grünwald, Albert

Club: Nordic-Rhein-Neckar

Number: 334

Course: 6.00 km

6 km Walk

Category:

Walking/ Nordic Walking Männer

Total time: 51:57

Speed: 6.93 km/h

Running performance: 8:40 min/km

Rank in course/Total: 34 (of 61)

Rank in course/Men: 13 (of 15)

Best time in course: 40:41

Rank in category: 13(of 15)

Best time in the category: 40:41