



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Ebersbach, Ruth

Club: Ludwigshafen

Number: 58

Course: 6.00 km

6 km Walk

Category:

Walking/ Nordic Walking

Total time: 54:39

Speed: 6.59 km/h

Running performance: 9:07 min/km

Rank in course/Total: 49 (of 61)

Rank in course/Women: 35 (of 46)

Best time in course: 42:15

Rank in category: 35(of 46)

Best time in the category: 42:15