



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

Wörner, Bertold

Total time: 21:05

Number: 375

Speed: 17.08 km/h

Running performance: 3:31 min/km

Course: 6.00 km

Rank in course/Total: 1 (of 166)

6 km Run

Rank in course/Men: 1 (of 88)

Category:

Best time in course: 21:05

Männer M40

Rank in category: 1(of 17)

Best time in the category: 21:05