



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Gomes, Abilio

Club: Mannheim

Number: 214

Course: 6.00 km

6 km Run

Category:

Männer M40

Total time: 24:48

Speed: 14.52 km/h

Running performance: 4:08 min/km

Rank in course/Total: 9 (of 166)

Rank in course/Men: 9 (of 88)

Best time in course: 21:05

Rank in category: 2(of 17)

Best time in the category: 21:05