



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

Hochhaus, Jürgen

Club: Mannheim

Number: 80

Course: 6.00 km

6 km Run

Category:

Männer M40

Total time: 25:36

Speed: 14.06 km/h

Running performance: 4:16 min/km

Rank in course/Total: 11 (of 166)

Rank in course/Men: 11 (of 88)

Best time in course: 21:05

Rank in category: 3(of 17)

Best time in the category: 21:05