



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Gremm, Hans-Jürgen**

Club: CNC - Technik Hauck

Number: 94

Course: 6.00 km

6 km Run

Category:

Männer M50

Total time: 25:41

Speed: 14.02 km/h

Running performance: 4:17 min/km

Rank in course/Total: 12 (of 166)

Rank in course/Men: 12 (of 88)

Best time in course: 21:05

Rank in category: 2(of 13)

Best time in the category: 24:41