



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

Hörner, Lars

Club: Wald-und SportKIGA MA

Number: 164

Course: 6.00 km

6 km Run

Category:

Männer M20

Total time: 25:47

Speed: 13.96 km/h

Running performance: 4:18 min/km

Rank in course/Total: 14 (of 166)

Rank in course/Men: 14 (of 88)

Best time in course: 21:05

Rank in category: 5(of 14)

Best time in the category: 23:42