



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Mildenberger, Helmut

Club: Löwen-Laufteam

Number: 508

Course: 6.00 km

6 km Run

Category:

Männer M55

Total time: 26:46

Speed: 13.45 km/h

Running performance: 4:28 min/km

Rank in course/Total: 21 (of 166)

Rank in course/Men: 21 (of 88)

Best time in course: 21:05

Rank in category: 1(of 1)

Best time in the category: 26:46