



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

**Eisenhauer, Ralf**

Club: SPD Käfetal

Number: 302

Course: 6.00 km

6 km Run

Category:

Männer M35

Total time: 27:43

Speed: 12.99 km/h

Running performance: 4:37 min/km

Rank in course/Total: 24 (of 166)

Rank in course/Men: 24 (of 88)

Best time in course: 21:05

Rank in category: 1(of 6)

Best time in the category: 27:43