



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Korbus, Heide

Club: TSV MA-Schönau

Number: 118

Course: 6.00 km

6 km Run

Category:

Frauen W30

Total time: 28:33

Speed: 12.61 km/h

Running performance: 4:46 min/km

Rank in course/Total: 30 (of 166)

Rank in course/Women: 3 (of 78)

Best time in course: 27:55

Rank in category: 1(of 8)

Best time in the category: 28:33