



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Hochhaus, Justin

Club: DJK-Käfertal-Waldhof

Number: 169

Course: 6.00 km

6 km Run

Category:

männliche Schüler A

Total time: 28:34

Speed: 12.60 km/h

Running performance: 4:46 min/km

Rank in course/Total: 31 (of 166)

Rank in course/Men: 28 (of 88)

Best time in course: 21:05

Rank in category: 5(of 13)

Best time in the category: 24:16