



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Kowalczyk, Janus

Club: Mannheim

Number: 212

Course: 6.00 km

6 km Run

Category:

Männer M35

Total time: 31:06

Speed: 11.58 km/h

Running performance: 5:11 min/km

Rank in course/Total: 50 (of 166)

Rank in course/Men: 39 (of 88)

Best time in course: 21:05

Rank in category: 3(of 6)

Best time in the category: 27:43