



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Sellmann, Steven

Club: Soprema Team MTG Mannheim

Number: 73

Course: 6.00 km

6 km Run

Category:

Männer M30

Total time: 31:59

Speed: 11.26 km/h

Running performance: 5:20 min/km

Rank in course/Total: 52 (of 166)

Rank in course/Men: 40 (of 88)

Best time in course: 21:05

Rank in category: 2(of 4)

Best time in the category: 30:29