



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Herrmann, Marcus

Club: Ministranten St. Laurentius

Number: 67

Course: 6.00 km

6 km Run

Category:

Männer M20

Total time: 32:31

Speed: 11.07 km/h

Running performance: 5:25 min/km

Rank in course/Total: 54 (of 166)

Rank in course/Men: 42 (of 88)

Best time in course: 21:05

Rank in category: 10(of 14)

Best time in the category: 23:42