



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Westphal-Selbig, Doris

Club: Mannheim

Number: 292

Course: 6.00 km

6 km Run

Category:

Frauen W40

Total time: 34:38

Speed: 10.39 km/h

Running performance: 5:46 min/km

Rank in course/Total: 72 (of 166)

Rank in course/Women: 17 (of 78)

Best time in course: 27:55

Rank in category: 2(of 14)

Best time in the category: 33:34