



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

**Marschlich, Marco**

Club: Mannheim

Number: 211

Course: 6.00 km

6 km Run

Category:

Männer M30

Total time: 34:58

Speed: 10.30 km/h

Running performance: 5:50 min/km

Rank in course/Total: 76 (of 166)

Rank in course/Men: 59 (of 88)

Best time in course: 21:05

Rank in category: 3(of 4)

Best time in the category: 30:29