



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Ehrenberger, Margot**

Club: TV Bad Rappenau

Number: 226

Course: 6.00 km

6 km Run

Category:

Frauen W45

Total time: 37:27

Speed: 9.61 km/h

Running performance: 6:14 min/km

Rank in course/Total: 108 (of 166)

Rank in course/Women: 35 (of 78)

Best time in course: 27:55

Rank in category: 5(of 13)

Best time in the category: 30:12