



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Schäfer, Gesine

Club: Mannheim

Number: 136

Course: 6.00 km

6 km Run

Category:

Frauen W40

Total time: 38:22

Speed: 9.38 km/h

Running performance: 6:23 min/km

Rank in course/Total: 112 (of 166)

Rank in course/Women: 38 (of 78)

Best time in course: 27:55

Rank in category: 5(of 14)

Best time in the category: 33:34