



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

**Hammer, Sabrina**

Club: Mannheim

Number: 222

Course: 6.00 km

6 km Run

Category:

Frauen W20

Total time: 38:31

Speed: 9.35 km/h

Running performance: 6:25 min/km

Rank in course/Total: 113 (of 166)

Rank in course/Women: 39 (of 78)

Best time in course: 27:55

Rank in category: 9(of 15)

Best time in the category: 27:55