



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Dudziak, Nicole

Club: THW Mannheim

Number: 149

Course: 6.00 km

6 km Run

Category:

Frauen W45

Total time: 39:19

Speed: 9.16 km/h

Running performance: 6:33 min/km

Rank in course/Total: 125 (of 166)

Rank in course/Women: 47 (of 78)

Best time in course: 27:55

Rank in category: 8(of 13)

Best time in the category: 30:12