



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Bender, Jürgen

Club: Mannheim

Number: 91

Course: 6.00 km

6 km Run

Category:

Männer M50

Total time: 39:47

Speed: 9.05 km/h

Running performance: 6:38 min/km

Rank in course/Total: 127 (of 166)

Rank in course/Men: 79 (of 88)

Best time in course: 21:05

Rank in category: 12(of 13)

Best time in the category: 24:41