



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Herman, Inge

Club: TSV Mannheim

Number: 153

Course: 6.00 km

6 km Run

Category:

Frauen W50

Total time: 40:12

Speed: 8.96 km/h

Running performance: 6:42 min/km

Rank in course/Total: 132 (of 166)

Rank in course/Women: 52 (of 78)

Best time in course: 27:55

Rank in category: 5(of 7)

Best time in the category: 30:48