



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Striepeke, Uschi**

Club: Mannheim

Number: 148

Course: 6.00 km

6 km Run

Category:

Frauen W45

Total time: 40:48

Speed: 8.82 km/h

Running performance: 6:48 min/km

Rank in course/Total: 141 (of 166)

Rank in course/Women: 58 (of 78)

Best time in course: 27:55

Rank in category: 10(of 13)

Best time in the category: 30:12