



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

N'Dongmo, Philipp

Club: Mannheim

Number: 353

Course: 1.50 km

1,5 km Kitz

Category:

männliche Schüler

Total time: 7:46

Speed: 7.73 km/h

Running performance: 5:11 min/km

Rank in course/Total: 29 (of 80)

Rank in course/Men: 18 (of 45)

Best time in course: 6:17

Rank in category: 18(of 45)

Best time in the category: 6:17