



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Decher, Jacob**

Club: Mannheim

Number: 83

Course: 6.00 km

6 km Run

Category:

Männer M40

Total time: 41:09

Speed: 8.75 km/h

Running performance: 6:52 min/km

Rank in course/Total: 150 (of 166)

Rank in course/Men: 85 (of 88)

Best time in course: 21:05

Rank in category: 16(of 17)

Best time in the category: 21:05