



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Roll, Martina**

Club: Mannheim

Number: 343

Course: 6.00 km

6 km Run

Category:

Frauen W45

Total time: 42:50

Speed: 8.40 km/h

Running performance: 7:08 min/km

Rank in course/Total: 157 (of 166)

Rank in course/Women: 72 (of 78)

Best time in course: 27:55

Rank in category: 12(of 13)

Best time in the category: 30:12