



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

**Parisi, Calogero**

Club: Marathon-Team Ketsch

Number: 350

Course: 12.00 km

12 km Run

Category:

Männer M30

Total time: 46:53

Speed: 15.36 km/h

Running performance: 3:55 min/km

Rank in course/Total: 3 (of 207)

Rank in course/Men: 3 (of 155)

Best time in course: 42:50

Rank in category: 1(of 8)

Best time in the category: 46:53