



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

**Vick, Jürgen**

Club: MTG Running Mannheim

Number: 585

Course: 12.00 km

12 km Run

Category:

Männer M30

Total time: 47:47

Speed: 15.07 km/h

Running performance: 3:59 min/km

Rank in course/Total: 4 (of 207)

Rank in course/Men: 4 (of 155)

Best time in course: 42:50

Rank in category: 2(of 8)

Best time in the category: 46:53