



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Delacroix, Olivier

Club: Heidelberg

Number: 436

Course: 12.00 km

12 km Run

Category:

Männer M30

Total time: 48:30

Speed: 14.85 km/h

Running performance: 4:02 min/km

Rank in course/Total: 6 (of 207)

Rank in course/Men: 6 (of 155)

Best time in course: 42:50

Rank in category: 3(of 8)

Best time in the category: 46:53