



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Schlachter, Kai

Club: THW OV Mannheim

Number: 592

Course: 12.00 km

12 km Run

Category:

Männer M20

Total time: 50:39

Speed: 14.22 km/h

Running performance: 4:13 min/km

Rank in course/Total: 11 (of 207)

Rank in course/Men: 11 (of 155)

Best time in course: 42:50

Rank in category: 2(of 16)

Best time in the category: 48:19