



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Becker, Frederik

Club: TV 1891 Bürstadt

Number: 394

Course: 12.00 km

12 km Run

Category:

Männer M40

Total time: 52:59

Speed: 13.59 km/h

Running performance: 4:25 min/km

Rank in course/Total: 22 (of 207)

Rank in course/Men: 22 (of 155)

Best time in course: 42:50

Rank in category: 6(of 31)

Best time in the category: 42:50