



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Rupp, Thomas

Club: Mannheim

Number: 537

Course: 12.00 km

12 km Run

Category:

Männer M45

Total time: 53:50

Speed: 13.37 km/h

Running performance: 4:29 min/km

Rank in course/Total: 27 (of 207)

Rank in course/Men: 27 (of 155)

Best time in course: 42:50

Rank in category: 5(of 25)

Best time in the category: 48:43