



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Hoppe, Manfred

Club: Mannheim

Number: 498

Course: 12.00 km

12 km Run

Category:

Männer M55

Total time: 54:17

Speed: 13.26 km/h

Running performance: 4:31 min/km

Rank in course/Total: 30 (of 207)

Rank in course/Men: 30 (of 155)

Best time in course: 42:50

Rank in category: 3(of 15)

Best time in the category: 49:39