



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Kunzelmann, Werner

Club: LT Fitropolis Heidelberg

Number: 417

Course: 12.00 km

12 km Run

Category:

Männer M60

Total time: 54:20

Speed: 13.25 km/h

Running performance: 4:32 min/km

Rank in course/Total: 31 (of 207)

Rank in course/Men: 31 (of 155)

Best time in course: 42:50

Rank in category: 2(of 5)

Best time in the category: 51:11