



### 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

#### Detailed evaluation

**Stoica, Vlad**

Club: Frankenthal

Number: 458

Course: 12.00 km

12 km Run

Category:

Männer M20

Total time: 54:47

Speed: 13.14 km/h

Running performance: 4:34 min/km

Rank in course/Total: 34 (of 207)

Rank in course/Men: 34 (of 155)

Best time in course: 42:50

Rank in category: 3(of 16)

Best time in the category: 48:19