



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

**Schott, Ralf**

Club: LG-Muli

Number: 431

Course: 12.00 km

12 km Run

Category:

Männer M40

Total time: 54:51

Speed: 13.13 km/h

Running performance: 4:34 min/km

Rank in course/Total: 35 (of 207)

Rank in course/Men: 35 (of 155)

Best time in course: 42:50

Rank in category: 9(of 31)

Best time in the category: 42:50