



3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

Detailed evaluation

Hugo, Dietmar

Club: Mannheim

Number: 571

Course: 12.00 km

12 km Run

Category:

Männer M35

Total time: 55:03

Speed: 13.08 km/h

Running performance: 4:35 min/km

Rank in course/Total: 37 (of 207)

Rank in course/Men: 36 (of 155)

Best time in course: 42:50

Rank in category: 5(of 23)

Best time in the category: 48:34