



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

**Kemmer, Thorsten**

Club: Mannheim

Number: 591

Course: 12.00 km

12 km Run

Category:

Männer M20

Total time: 55:05

Speed: 13.07 km/h

Running performance: 4:35 min/km

Rank in course/Total: 38 (of 207)

Rank in course/Men: 37 (of 155)

Best time in course: 42:50

Rank in category: 4(of 16)

Best time in the category: 48:19