



## 3. Grüner Karlsternlauf - Mannheims Waldlauf

Mannheim / 08.06.2008

### Detailed evaluation

**Müller, Alexander**

Club: Kurpfalz Klüngel

Number: 583

Course: 12.00 km

12 km Run

Category:

Männer M30

Total time: 55:42

Speed: 12.93 km/h

Running performance: 4:38 min/km

Rank in course/Total: 43 (of 207)

Rank in course/Men: 42 (of 155)

Best time in course: 42:50

Rank in category: 5(of 8)

Best time in the category: 46:53